

The Morning Hustle Checklist

Exactly What to Do When You Wake Up to Turn Your Passion Project into a Reality Soon



Free checklist for subscribers of Let's Reach Success
by Lidiya K

Part 1: The Night Before

1.1 Set your alarm for tomorrow morning for an hour or so earlier.

1.2 Let go of anything that happened during the day.

1.3 Don't use technology prior to bed, or eat or drink anything.

1.4 Write your to-do list for tomorrow (for anything you have to do after your morning hustle time, so that you don't need to think about these till it's time).

1.5 Set the intention of waking up tomorrow morning and getting to work.

1.6 When in bed, remind yourself of why your passion is worth it and where it can take you.

1.7 Fall asleep with a light smile on your face and determination in your mind.

Part 2: Waking Up

2.1 Wake up with the first alarm.

(Here are some tips on how to leave bed when you don't want to.)

2.2 Make your bed (it's a simple practice of discipline).

2.3 Stretch.

2.4 Greet the day. It's another opportunity to get closer to your goals.

2.5 Brush your teeth while looking at yourself in the mirror and realizing you're about to get some great work done any minute now.

2.6 Prepare tea or coffee.

(You don't really need breakfast that early. A glass of water is great for your body and mind too. But food will only be a distraction. It's time for creativity and productivity now. Eating comes after.)

Part 3: Get in The Right Mindset

3.1 With your morning cup of tea or coffee head to your desk.

3.2 Don't check email, news, your phone or other notifications before you've done an hour of focused work on your side hustle project.

3.3 Get inspired and motivated to work for at least an hour by reading some quotes on entrepreneurship, or a page or two of a book that helps you set yourself up for success (like 'Think and Grow Rich' by Napoleon Hill).

3.4 Make an outline of the work you're about to do.

(If you don't know where to start, it could be researching, or checking what you completed last, or writing down some things for future references. Whatever it is, include that in the outline too and the rest of the steps will become clearer.)

3.5 Be present. Don't let your mind wander, and get back to past or future thoughts. These don't matter now. It's just you and your current task.

Part 4: Start Working

4.1 Track your time.

Know when you get to work, and train yourself to be on your laptop every morning at that time.

4.2 Have a goal and a deadline.

It might be reading about e-commerce for 15 minutes then taking one action to set up an online store.

Or writing a blog post in 20 minutes, then adding links, formatting and optimizing it, and then publishing it on your blog and sharing it on social media.

It might be brainstorming ideas on how to improve your marketing sales funnel, and deciding on what action to take and test over the next few weeks to see if it will increase revenue.

That can also be to email 10 existing customers and ask if there's anything else they would like you to create and offer.

4.3 Start working on the first item from the outline.

Your 30-60 minutes of morning hustle begin now.

4.4 Work on one thing at a time.

4.5 Go with the flow. Generate ideas and don't be critical of them. Each might work, you don't know yet.

Turn off your judgmental mind to let out the creative genius within.

Part 5: Finish Work

5.1 Get back to reality now. You just completed your morning hustle for today.

5.2 Review your work. See how you performed.

Write down the things you did and the ideas you came up with.

(You might get back to these first thing tomorrow morning to get in the right mindset to work even harder.)

5.3 Think about what you could have done differently.

Maybe something in your environment was distracting you. Think of how you can eliminate it.

Is there a better way to get to work? If yes, give this new routine a try tomorrow.

What slowed you down?

What can you do to be more focused next time?

5.4 Declutter.

Put everything back to its place. Both your documents on the laptop, and your lists on the desk (if you had any).

Remove and wash your cup too.

That tells your mind to get out of the zone, and come back to the real world.

5.5 Feel good about yourself.

You just did what most billionaires, successful business owners, independent workers, lifestyle designers, hustlers, and productive artists do every day.

Notes

Here are some helpful articles and books on Let's Reach Success that you might check out, if you haven't already:

Books:

[How to Fall Asleep Fast and Sleep Better](#)
[Create a Successful Morning Routine](#)
[Find Your True Calling](#)

Guides:

[A Unique Collection of 101 Morning Routines](#)

Articles:

[How to Stay Productive When Working from Home](#)
[5 Ways to Get More Work Done Without Working Longer Hours](#)
[Smarten Up Your Home Office](#)

[5 Nighttime Tips for Becoming a Better Morning Person](#)
[How to Make The Most of Early Mornings](#)
[Why Start Your Day at 5 a.m.](#)
[How I Wake Up in Under 1 Minute](#)
[How Your Morning Ritual Makes You a Better Person](#)
[How to Find Peace in The Morning](#)

[How Planning Will Double Your Productivity](#)
[How The Schedule of Highly Successful People Looks Like](#)
[Simple Ways to Manage Your Focus](#)
[14 Time Management Tricks You Must Know About](#)

[5 Great Time-Saving Apps](#)
[8 Essential Online Tools for Productivity Flow](#)
[Tools to Maximize Efficiency](#)
[14 Writing Tools to Get More Done](#)

Hope that helps.

Here's to you and the morning hustler inside you!

– Lidiya